

## 『雷利衛徑長征』食物及飲料 Raleigh Challenge - Wilson Trail Food and Drinks

為了環保，大會將不會提供容器和餐具，參賽者必須自備。

For Environmental purpose, NO containers and cutlery will be provided by the Organizer. Participants MUST bring their own.

食物及飲料供應如有更改，將不另行通知。

Food and drinks provided are subject to change without prior notice.

檢查站 Checkpoint	位置 Location	食物及飲料 Food and Drinks
START / FINISH (起點/終點)	Tai Tam Barbecue Area (大潭水塘道)	水, 汽水, 水果, 熱食 Water, Soft Drink, Fruits, Hot Food
25km CP1 (25 公里 檢查站 1)	Quarry Gap (大風坳)	水, 汽水, 寶礦力, 橙, 果仁, 夾心餅 Water, Soft Drink, Pocari Sweat, Orange, Nuts, Cracker
25km SCP1a (25 公里 中途檢查站 1a)	Mount Parker (柏架山)	不適用 Not applicable
CP1 (檢查站 1) 25km CP2 (25 公里 檢查站 2)	Stanley Gap Road 赤柱峽道	水, 汽水, 寶礦力, 水果, 薯片, 夾心餅, 鹽糖 Water, Soft Drink, Pocari Sweat, Fruits, Potato Chips, Cracker, Salt Candy
CP2 (檢查站 2)	Hong Kong Parkview (陽明山莊)	水, 汽水, 寶礦力, 蕉, 薯片, 蛋糕仔 Water, Soft Drink, Pocari Sweat, Potato Chips, Cake
SCP1 (中途檢查站 1)	Yau Tong (油塘)	不適用 Not applicable
CP3 (檢查站 3)	Yau Tong O King Road (油塘澳景路)	水, 汽水, 寶礦力, 橙, 果仁, 夾心餅, 鹽糖 Water, Soft Drink, Pocari Sweat, Orange, Nuts, Cracker, Salt Candy
CP4 (檢查站 4)	Tseng Lan Shue (井欄樹)	水, 汽水, 寶礦力, 蕉, 薯片, 蛋糕仔 Water, Soft Drinks, Pocari Sweat, Banana, Potato Chips, Cake

CP5 (檢查站 5)	Shatin Pass (沙田坳道)	水, 汽水, 寶礦力, 蕉, 鹽糖, 果仁, 蛋糕仔 Water, Soft Drink, Pocari Sweat, Banana, Salt Candy, Nuts, Cake
CP6 (檢查站 6)	Tai Po Road (大埔道)	水, 寶礦力, 鹽糖, 果仁, 夾心餅 Water, Pocari Sweat, Salt Candy, Nuts, Cracker
FINISH (終點)	Shing Mun Reservoir (城門水塘)	水, 汽水, 水果, 熱食 Water, Soft Drink, Fruits, Hot Food