

公廁和食物飲品補給地點

以下資訊只供參考，如有變更，將不作另行通知。

地點	公廁	與起點相距(公里)	食物飲品補給
陽明山莊	<u>港島徑/衛奕信徑入口廁所</u> (旱廁)	~4.7	<u>陽明山莊商場超市</u>
鰂魚涌市區/地鐵站、油塘地鐵站		~11.5	
澳景路		~15	
馬游塘村/寶林路	<u>馬游塘村公廁</u>	~17.7	<u>汽水機</u> (馬游塘村涼亭旁)
井欄樹	<u>井欄樹公廁</u> (巴士站旁)	~20	<u>良好士多</u>
沙田坳獅子亭	<u>十二笏村公廁</u> (恒益士多對面)	~28	<u>恒益士多</u>
大埔道	-	~36	-
城門水塘	<u>公廁</u> (城門水塘燒烤場旁-需步行約400米至麥理浩徑第7段的起點)	~41	<u>汽水機、郊野公園加水站、Bonaqua加水機</u> (城門水塘燒烤場旁)
鉛礦坳	<u>公廁</u> (涼亭旁)	~49.2	<u>Bonaqua加水機</u> (涼亭旁)

元墩下		~51	
太和	錦石新村 / 太和市區	~56	
	<u>大埔頭村北公廁</u> 、 <u>大埔頭南公廁</u> (九龍坑山山腳)	~57	
鶴藪水塘	<u>公廁</u> (需步行約2公里至鶴藪燒烤場旁)	~63.5	<u>鶴藪士多</u> 、 <u>汽水機</u> (鶴藪燒烤場旁)
仙姑峰	-	~70.5	-
南涌	<u>南涌(羅屋)公廁</u> 、 <u>南涌公廁</u>	~78	<u>強記士多</u>

Locations of Toilets and F&B Supply

The information below is for reference only and may be subject to change without notice.

Location	Toilets	Distance from Start Point of 78km (km)	F&B Supply
Hong Kong Parkview	<u>Entrance of Hong Kong Trail/Wilson Trail</u> (Latrine)	~4.7	<u>Hong Kong Parkview Fusion</u>
Quarry Bay urban area/station, Yau Tong station		~11.5	
O King Road	-	~15	-

Ma Yau Tong Village / Po Lam Road	<u>Ma Yau Tong Village Toilet</u>	~17.7	<u>Vending Machine</u> (Near the Pavilion of Ma Yau Tong Village)
Tseng Lan Shue	<u>Tseng Lan Shue Toilet</u> (Near the bus stop)	~20	<u>Store</u>
Shatin Pass Lion Pavilion	<u>Shap Yi Watt Village Toilet</u> (Opposite to a store)	~28	<u>Store</u>
Tai Po Road	-	~36	-
Shing Mun Reservoir	<u>Toilet</u> (Near Shing Mun Reservoir BBQ Site - Need to walk around 400m to the start point of MacLehose Trail Section 7)	~41	<u>Vending Machine</u> 、 <u>Country Park Water Filling Station</u> 、 <u>Bonaqua Water Filling Station</u> (Near Shing Mun Reservoir BBQ Site)
Lead Mine Pass	<u>Toilet</u> (Near the Pavilion)	~49.2	<u>Bonaqua Water Filling Station</u> (Near the Pavilion)
Yuen Tun Ha	-	~51	-
Tai Wo	Kam Shek New Village / Tai Wo Urban Area	~56	
	<u>Tai Po Tau Village Toilet (North)</u> 、 <u>Tai Po Tau Village Toilet (South)</u> (Foot of Cloudy Hill)	~57	-
Hok Tau Reservoir	<u>Toilet</u> (Need to walk around 2km near Hok Tau Reservoir BBQ Site)	~63.5	<u>Store</u> 、 <u>Vending Machine</u> (Near Hok Tau Reservoir BBQ Site)

Hsien Ku Fung	-	~70.5	-
Nam Chung	<u>Nam Chung (Lo Uk) Toilet</u> , <u>Nam Chung Toilet</u>	~78	<u>Store</u>